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More than 8.7 million people had cosmetic procedures last year, including Botox and collagen injections.*

wonder derms

Considering a chemical peel? Debating Botox? Before you start shopping for a cosmetic dermatologist, consult our list of the top most-talked-about...

You hear their names whispered at dinner parties or on the sidelines of your child's soccer games, accompanied by phrases like "best Botox" and "the perfect peel." They're cosmetic dermatologists, MDs whose specialty is making you look more beautiful. The 21 we've selected across the country have been double-checked through personal references and professional organizations. Offering a range of treatments—some that provide instant results during a lunch-time visit—these doctors' offices have become *the* buzzed-about beauty destinations.

Derm-alert!

Before you undergo any treatment, consider the following critical factors:

What are your expectations and why do you feel you need this cosmetic procedure? Make sure your answers are realistic and honest, and that your goals are achievable.

Have you tried less invasive options?

There are still very effective topical treatments for everything from acne to wrinkles. Speak to your doctor about these less aggressive (and less expensive) options before you get injected or jump under the laser.

Do you have time for post-op care?

This is serious medicine: Healing and results—which may include side effects or significant postoperative care—vary with each patient.

Is it worth the cost? Health insurance does not cover cosmetic procedures, so it's likely you'll be paying out of your own pocket. And—ouch—that hurts.

Have you checked your doctor's history? For info, contact the American Academy of Cosmetic Surgery (312-981-6760 or cosmeticsurgery.org) or the American Academy of Dermatology (202-842-3555 or aad.org). —AMY BRATT

Cosmetic Dermatologists



1. Gary D. Monheit, MD
Dermatology Associates
2100 Sixteenth Ave South, Suite 202
Birmingham, AL 35205
205-933-0987

Known for: Chemical peels, dermabrasion, collagen injections

2. Boris Zaks, MD
433 N. Camden Drive, Suite 780
Beverly Hills, CA 90210
310-552-3376

Known for: Botox, laser therapy

3. Mitchel Goldman, MD
Dermatology-Cosmetic Laser Associates
7630 Fay Ave
La Jolla, CA 92037
858-459-7011

Known for: Cellulite treatment, varicose vein treatment

4. Richard Glogau, MD
UCSF
350 Parnassus Ave, Suite 400
San Francisco, CA 94117
415-564-1261

Known for: Laser resurfacing

5. Lisa Donofrio, MD
The Savin Center, PC
134 Park St, 3rd Floor
New Haven, CT 06511
203-865-6143

Known for: Botox

6. Stephen Mandy, MD
University of Miami Cosmetic Center
1295 NW 14th St, Suite K
Miami, FL 33125
305-324-7546

Known for: Fat injections

7. Gabrielle Sabini, MD
North Atlanta Dermatology
3850 Pleasant Hill Rd
Duluth, GA 30096
770-814-8222

Known for: Skin cancer prevention, anti-aging procedures

8. Derek G. Kenneaster, MD
Carle Clinic
1813 W. Kirby Ave
Champaign, IL 61821
217-383-3480

Known for: Botox, laser therapy, vein treatment, hair removal

9. C. William Hanke, MD
The Laser and Skin Surgery Center
13450 North Meridian St, Suite 355
Carmel, IN 46032
317-582-8484

Known for: Microdermabrasion

10. Marc J. Salzman, MD
6420 Dutchman's Pkwy #160
Louisville, KY 40205
502-894-9900

Known for: Botox, Restylane >

ILLUSTRATION BY ANJA KROENCKE

Coast-to-Coast: Cosmetic Dermatologists

11. Ramsey Alsarraf, MD

The Newbury Center for Cosmetic
Facial Plastic Surgery
69 Newbury St
Boston, MA 02116
617-375-0500
Known for: Botox

12. Dee Anna Glaser, MD

St. Louis University
Department of Dermatology
1402 South Grand Blvd
St. Louis, MO 63104
314-256-3430
Known for: Chemical peels

13. Linda K. Franks, MD

60 Gramercy Park North
New York, NY 10010
212-475-2312
Known for: Botox, Restylane

14. Dennis Gross, MD

105 E. 37th St, Ground Level
New York, NY 10016
212-725-4555
Known for: Botox

15. Zoe D. Draelos, MD

2444 North Main St
High Point, NC 27262
336-841-2040
Known for: Botox

16. Dore Eisen, MD

Dermatology Associates
10506 Montgomery Rd #402
Cincinnati, OH 45242
513-791-6161
Known for: Acne treatment

17. Cherie Ditre, MD

Penn Medicine at Radnor
Department of Dermatology
250 King of Prussia Rd
Radnor, PA 19087
610-902-2419
Known for: Microdermabrasion

18. Shelley Sekula-Gibbs, MD

17300 El Camino Real, Suite 103
Houston, Texas 77058
281-480-7546
Known for: Botox

19. Renato Saltz, MD, FACS

5445 South Highland Drive
Salt Lake City, UT 84117
801-274-9500
Known for: Botox

20. David McDaniel, MD

Laser Skin & Vein Center of Virginia
933 First Colonial Rd, Suite #113
Virginia Beach, VA 23454
757-417-8300
Known for: Varicose vein
treatment, laser hair removal,
tattoo removal

21. Elizabeth Tanzi, MD

Washington Institute of Dermatologic
Laser Surgery
2311 M St NW, Suite 200
Washington, DC 20037
202-785-8855
Known for: Collagen injections

Compiled by Amy Bratt
Contributors: Colleen Cassity, Bari-Nan
Cohen, Megan Dane, Cheryl Fenton,
Anita Finkelstein and Rebecca Warren

10 most in-demand cosmetic procedures

1. Restylane and Hylaform

(hyaluronic acid) Injected into
facial tissue to plump up fine
lines, furrows and scars. Allergic
reaction is rare, but bruising
may occur at time of injection.
Recently FDA-approved and
often combined with Botox.
Time: Under an hour; results
last about 6 months.

Works for: Creases around the
nose, thinning lips, contouring
cheeks and chin.

Avoid if: You have excessive
wrinkling and sagging.

Expect to pay: About \$750 per
syringe. Several syringes may
be needed.

2. Botox (botulinum toxin A)

Paralyzes face muscles so they
can no longer make wrinkle-
forming movements. Skin
becomes smooth.

Time: Under an hour; results
should last 4-6 months.

Works for: Bothersome expres-
sion lines, such as those on the
forehead and around the eyes.

Avoid if: You want to get rid of
the deep lines that run from the
sides of your nose to the corners
of your mouth.

Expect to pay: \$250-\$950.

3. Fat Injections Used when a
large volume of filler is needed
(in hollows around the eyes,
lips, cheeks) to alleviate a
sunken-in appearance or
to plump up hands to give
a younger look. The fat is
harvested from your own
body, so there is no chance
of allergic reaction.

Time: 30 minutes to 1 hour;
results last up to 6 months.

Works for: Deep folds and
depressions in the skin.

Avoid if: Money is an issue.

Expect to pay: \$1,000-\$5,000.

4. Ablative Laser Resurfacing

Permanently removes the top
layer by vaporizing damaged
skin with a carbon-dioxide or
Erbium:YAG laser. Leaves a new
layer of pink skin, which, when
healed, should be smooth and
plump. Normally performed

under local anesthetic and
intravenous sedation.

Time: Several hours plus
7-14 days of post-op recovery
(ointment and bandaging);
long-lasting results.

Works for: Deep wrinkles,
creases and tattoo removal.

Avoid if: Your wrinkles are only
shallow and superficial.

Expect to pay: \$1,000-\$4,200.

5. Non-Ablative Laser

Rejuvenation Improves general
quality, texture and tone of skin
by thickening the collagen layer
underneath (to make your skin
look plump, smooth and firm).

Time: Under an hour; treatments
about every 4-6 weeks for
6 months; results are gradual.

Works for: Improving skin
quality or managing problems
like acne and fine lines.

Avoid if: You have deeper
wrinkles and creases.

Expect to pay: \$400-\$1,200
depending on area and volume.

6. Chemical Peels

A resurfacing treatment that
removes the top layers of skin,
revealing new, smoother skin
underneath. Anesthesia is
usually required only for deep
peels. Most dermatologists offer
superficial peels, which use
mild chemical solutions such as
glycolic acid.

Time: 30 minutes to 3 hours
depending on depth of peel.

Works for: Refining skin
texture, reducing wrinkles and
pigmentation problems and
clearing blemishes.

Avoid if: You have cold sores or
are taking Accutane.

Expect to pay: \$75-\$250 for
mild peels; \$1,000-\$5,000 for
deeper peels.

7. Microdermabrasion

Blasts skin with aluminum
oxide or salt crystals and then
vacuums them up, taking with
them the top layer of dead skin
cells. Typically performed on
the face and neck, it can also be
used all over the body, including
hands. A milder alternative to
a peel, it helps with scarring,
acne, blackheads, wrinkles and
stretchmarks. Gentle enough for
all skin types.

Time: 20-30 minutes; 4-8
treatments, 2-4 weeks apart.

Works for: Sensitive-skin types
looking to smooth skin without

resorting to a peel.

Avoid if: You're looking for
dramatic results.

Expect to pay: \$75-\$250.

8. Laser Hair Removal

Performed by moving a laser
over unwanted hair, where rays
are absorbed by the pigment in
the hair follicles. Works best on
dark hair; the darker the follicle,
the better the absorption. Hair
falls out gradually over two
months. There is some minimal
pain—similar to a rubber band
snapping on the skin. If you're
very sensitive, your doctor
can numb the area. You may
experience slight swelling
and redness (so avoid the sun
afterward). Permanent hair
removal is not guaranteed.

Time: 1 hour; 3-4 treatments,
6-8 weeks apart.

Works for: Fair-toned skin with
dark hair.

Avoid if: You have a tan or a
darker skin tone; the laser gets
absorbed by the pigment and
doesn't reach the hair follicle.

Expect to pay: \$300-\$500.

9. Intense Pulse Light Therapy

Constricts blood vessels and
collagen in the dermis. This
noninvasive technique banishes
fine lines and blemishes with no
recovery time.

Time: Under an hour; 5-6
treatments, 3-4 weeks apart.

Works for: Rosacea, acne scars,
birthmarks and sunspots.

Avoid if: You are pregnant.

Expect to pay: \$150 and up.

10. Varicose Vein Treatment

In laser therapy, a mono-
chromatic light source
shines through the skin and
causes the vein to collapse.
In sclerotherapy, a caustic
chemical is injected under the
skin, damaging the vein and
causing it to collapse. Both
are relatively painless and are
effective on small spider veins
and larger veins.

Time: 30 minutes to 1 hour;
2-4 treatments.

Works for: Bothersome
varicose veins.

Avoid if: You have chronic
venous insufficiency; treatment
may cause blood-flow problems
in the legs to worsen.

Expect to pay: \$2,000-\$5,000
for laser therapy; \$375 and up
for sclerotherapy.